



EVANGELISTA ORTHOPEDIC CLINIC

6740 East Camelback Road, Suite 101
Scottsdale, AZ 85251
480-656-0291

Gregory T. Evangelista, M.D.

Amanda Damiris, PA-C

Surgery: General Checklist

You are now scheduled for surgery with Dr. Gregory Evangelista and his Physician Assistant, Amanda Damiris PA-C.

This general check list will help you prepare for surgery and answer many of the questions you may have.

If you have specific questions that are not addressed on this checklist, please call the office at your earliest convenience.

Thank you for choosing EOC. We consider it a privilege to participate in your care.

SURGERY DATE:

Surgery Type: _____

Date: _____ **Time:** _____

*** Please be aware that surgery times are tentative. These times can and do change, even the day of surgery. We will attempt to give you as much notice as possible regarding any time changes. Please remain flexible on the day of surgery as you may be asked to present to the surgery facility earlier than expected. Your ride to and from the surgery center should be made aware of this possibility as well. ***

Facility:

- | | |
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| <ol style="list-style-type: none"> 1. Scottsdale Healthcare Osborn Hospital
7400 E. Osborn Road
Scottsdale, AZ 85251
480-882-4000 | <ol style="list-style-type: none"> 3. Greenbaum Surgical Specialty Hospital
3535 N. Scottsdale Road
Scottsdale, AZ 85251
480-882-4958 |
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EVANGELISTA ORTHOPEDIC CLINIC

2. Surgcenter at Pima Crossing
8415 N. Pima Rd Ste 190
Scottsdale, AZ 85251
480-800-3200

HOW TO PREPARE FOR SURGERY

- Please set up a physical therapy appointment 2-3 days after surgery at the facility of your choosing. We have many therapists we work with routinely and would be happy to make recommendations. A prescription with specific instructions for your therapist will be provided on the day of surgery
- Nothing to eat or drink after midnight the day before surgery.** This means you may NOT have water, gum, or mints. Do not drink water after brushing your teeth. No smoking or chewing tobacco
- If there are medications approved by your primary care physician or surgery center to take the morning of surgery, such as a beta-blocker, please take them with a tiny sip of water
- Make sure to wear comfortable, loose fitting clothing that will fit over your dressing and braces after surgery. Wear comfortable shoes as well
- A responsible adult should accompany you and remain available to drive you home. Again, this person needs to remain flexible on the day of surgery, as surgery times can and do change
- Make sure to shower on the morning of your surgery to minimize risk of infection
- Post-operative instructions will be provided on the day of surgery

If you have any questions about these guidelines, your procedure or the rehabilitation process please do not hesitate to call us at **480-656-0291**